

**WEDNESDAY 28<sup>TH</sup> NOVEMBER**

Time	Venue	Speaker	Title
9.30 – 17.00	AT2 Lecture Theatre	Various	Early Career and Postgraduate Conference (separate registration)
16.00 – 17.30	AT2 Lecture Theatre	Various	Auckland Nutrition Research Network student presentations
16.30 - 18.00	Round Room	n/a	Registration for the Nutrition Society Conference
18.00 -	Round Room	n/a	Nutrition Society of NZ Conference welcome function - Sponsored by The University of Auckland

**THURSDAY 29<sup>TH</sup> NOVEMBER**

Time	Venue	Speaker	Title
8.00 – 8.45	Round Room	n/a	Registration and refreshments
8.45 – 9.00	AT2 Lecture Theatre	Assoc Prof Sheila Skeaff and Assoc Prof Pamela von Hurst	Welcome and housekeeping

**Session 1: Nutrition, health and sustainability in the New Zealand context**

Time	Speaker	Title
<b>Venue</b>	AT2 Lecture Theatre	
<b>Chairs</b>	Assoc Prof Pamela von Hurst and Nicola Gillies	
9.00 – 9.30	<b>Dr Bevan Erueti</b>	He Puna Waiora: Amplifying consciousness of Māori knowledge, movement and health systems
9.30 – 10.00	<b>Emily King</b>	Sustainability at the table
<b>Selected abstracts</b>		
10.00 – 10.15	<b>Rebekah Jones</b>	Attitudes towards inclusion of sustainability characteristics within New Zealand's Eating and Activity Guidelines by professionals in the agriculture, environment and health sectors.
10.15 – 10.30	<b>Assoc Prof Sheila Skeaff</b>	A quantitative and qualitative study of retail food waste in New Zealand
10.30 – 11.00	Venue: Round Room	Morning tea and attended posters (1)

Session 1 contd..

<b>Time</b>	<b>Speaker</b>	<b>Title</b>
<b>Venue</b>	AT2 Lecture Theatre	
<b>Chairs</b>	Fiona Greig and Jo Dawson	
<b>11.00 – 11.30</b>	<b>Dr Daniel Hikuroa</b>	Māori concepts of health in the sustainability context
<b>Selected abstracts</b>		
<b>11.30 – 11.45</b>	<b>Dr Sarah Gerritsen</b>	Inequalities in infant feeding practices among the Growing Up in New Zealand cohort
<b>11.45 - 12.00</b>	<b>Sue Pirrit</b>	Development and feasibility of a low-cost, Pacific community-focussed, weight management programme in Glen Innes, Auckland
<b>12.00 – 12.15</b>	<b>Ella Kumar</b>	Activity session
<b>Selected abstract</b>		
<b>12.15 – 12.30</b>	<b>Assoc Prof Rachel Brown</b>	What motivates and deters nut consumption among the general public in New Zealand?

<b>12.30 – 13.30</b>	Venue: Round Room	Lunch
<b>12.45 – 13.30</b>	Venue: AT8	NSNZ Working Group meeting over lunch

### **Session 2: Nutrition education**

<b>Time</b>	<b>Speaker</b>	<b>Title</b>
<b>Venue</b>	AT2 Lecture Theatre	
<b>Chairs</b>	Assoc Prof Sheila Skeaff and Nikki Renall	
<b>13.30 – 14.00</b>	<b>Assoc Prof Clare Wall</b>	Nutrition curriculum for health professionals: how can we spread the word?
<b>14.00 – 14.10</b>	<b>Sarah Hanrahan</b>	Nutrition Foundation of New Zealand: community outreach programmes
<b>14.10 – 14.50</b>	<b>Michelle Gibbs</b>	Ministry for Primary Industries: Health Star Rating – A review
<b>14.50 – 15.00</b>	<b>Eggs NZ</b>	Sponsor message

<b>15.00 – 15.30</b>	Venue: Round Room	Afternoon refreshments - Sponsored by Eggs NZ
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**Session 2 continued: Concurrent sessions**

Time	Nutrition Education	Other
Venue	AT2 Lecture Theatre	ATLL1.33
Chairs	Jessica Jones and Kava Fuavao	Nicola Martin and Farha Ramzam
15.30 – 15.45	<b>Neela Bhana</b> - Knowledge, attitudes and behaviours related to dietary salt intake among New Zealand adults	<b>Katie Schraders</b> - Factors associated with bone health in healthy young women
15.45 – 16.00	<b>Jeanette Rapson</b> - Nutrition and physical activity for pre-schoolers: knowledge and perspectives amongst early childhood education teachers	<b>Dr Christine Butts</b> - Animal model of antibiotic induced gut microbiota dysbiosis
16.00 – 16.15	<b>Sophie Kindleysides</b> - Sweet taste perception in Pacific and NZ European women is associated with dietary intake and eating behaviour	<b>Alex Lubransky</b> - Postprandial glycaemic, hormonal and satiety responses to rice and kiwifruit preloads in Chinese adults: a randomised controlled crossover trial
16.15 – 16.30	<b>Dr Carolyn Cairncross</b> - Beyond Nutrients: insights for health professionals around a communal Iftar meal during Ramadan	<b>Uptal Prodhan</b> - Do lactose intolerant individuals efficiently absorb protein from acute milk consumption?
16.30 – 16.45	<b>Jasmine Thomson</b> - Knowledge about osteoporosis risk prevention in young and post-menopausal women in Palmerston North, New Zealand	<b>Dr Bobbi Laing</b> - Prevalence of Gene Variants associated with poor absorption or negative interactions with key anti-inflammatory nutrients in a New Zealand population

16.45 – 17.05	Break/free time
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**Muriel Bell Lecture**

Time	Speaker	Title
Venue	AT2 Lecture Theatre	
Chair	Assoc Prof Sheila Skeaff	
16.45 – 18.05	<b>Prof Boyd Swinburn</b>	Power dynamics in 21 <sup>st</sup> century food systems

19.00 – 22.30	Venue: McHugh's of Cheltenham	Conference dinner: 46 Cheltenham Road, Devonport (Return transport provided) Sponsored by Beef + Lamb New Zealand
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## FRIDAY 30<sup>TH</sup> NOVEMBER

### Session 3: Child health and sports nutrition

Time	Speaker	Title
Venue	AT2 Lecture Theatre	
Chairs	Assoc Prof Carol Wham and Amy Judd	
8.45 – 9.30	<b>Emeritus Prof Lynne Daniels</b>	The obesity prevention imperative: Nutritional approaches in early life
9.30 – 10.00	<b>Prof Rachael Taylor</b>	Is sleep the answer to child obesity?
10.00 – 10.30	<b>Prof David Rowlands</b>	Exogenous carbohydrate as an ergogenic aid: recent advances in dose, form and format

10.30 – 11.00	Venue: Round Room	Morning refreshments and attended posters (2)
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### Session 3 continued: Concurrent sessions

Time	Childhood obesity and children's health	Sports nutrition and body measurement
Venue	AT2 Lecture Theatre	ATLL1.33
Chairs	Dr Mari Manger and Alex Lubransky	Regina Wypych and Jeanette Rapson
11.00 – 11.15	<b>Dr Lynne Chepulis</b> - <i>The nutritional quality of children's breakfast cereals: a cross sectional analysis of New Zealand, Australia, the United Kingdom, Canada and the United States.</i>	<b>Nicola Martin</b> - <i>Iron status and associations with physical performance in female New Zealand Army recruits</i>
11.15 – 11.30	<b>Shabnam Moghaddam</b> - <i>Eating patterns of Pacific children at age 14 years; Pacific Islands Families study</i>	<b>Luke Stanaway</b> - <i>Does acute supplementation with nitrate-rich beetroot juice benefit older adults more than younger adults?</i>
11.30 – 11.45	<b>Dr Helen Eyles</b> - <i>Measuring children's sodium and potassium intakes in New Zealand: a pilot study</i>	<b>Prof Elaine Rush</b> - <i>Child nutritional status – alternative metrics to body mass index</i>
11.45 – 12.00	<b>Hajar Mazahery</b> - <i>Vitamin D and omega-3 long chain polyunsaturated fatty acids improve behavioural symptoms in children with Autism Spectrum Disorder</i>	<b>Maryam Delshad</b> (presented by Kathryn Beck)- <i>Validity of quantitative ultrasound and bioelectrical impedance analysis against dual X-ray absorptiometry for measuring bone quality and body composition in children</i>
12.00 – 12.15	<b>Dr Teresa Gontijo de Castro</b> - <i>Infant feeding index among the Growing up in New Zealand cohort: Adherence to the national food and nutrition guidelines</i>	<b>A/Prof Carol Wham</b> - <i>CAFFEINE related risk among tertiary students in New Zealand</i>
12.15 – 12.30	<b>Sarahmarie Innes</b> - <i>Immediate and longer-term effects of an</i>	<b>Jo Slater</b> - <i>Physical Activity and Metabolic Health in New Zealand</i>

	<i>intensive adolescent cooking intervention on mental well-being and cooking self-efficacy, attitudes and involvement</i>	<i>European and Pacific Women from the PROMISE Study</i>
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<b>12.30 – 13.45</b>	Venue: Round Room	Lunch - Sponsored by New Zealand Avocado
<b>12.45 – 13.45</b>	Venue: AT7	Nutrition Society of New Zealand AGM

#### **Session 4: Technology in nutrition**

<b>Time</b>	<b>Speaker</b>	<b>Title</b>
<b>Venue</b>	AT2 Lecture Theatre	
<b>Chairs</b>	Dr Carolyn Cairncross and Emma Smirk	
<b>13.45 – 14.15</b>	<b>Prof Cliona Ni Mhurchu</b>	Using technology to develop and evaluate dietary interventions

#### **Concurrent sessions**

<b>Time</b>	<b>Older adults and NCDs</b>	<b>PD Session for registered nutritionists</b>
<b>Venue</b>	AT2 Lecture Theatre	ATLL1.33
<b>Chairs</b>	Emmeline Haymes and Sarahmarie Innes	n/a
<b>14.15 – 14.30</b>	<b>Nicola Gillies</b> - <i>Effect of a tailored dietary intervention with high or standard protein intake on B-vitamin and one carbon metabolism status in healthy older males: a 10 week randomised controlled trial</i>	<b>Vicky Stedman</b> - <i>Understanding the Nutrition Society of NZ registration process (including Q&amp;A)</i>
<b>14.30 – 14.45</b>	<b>Briar McKenzie</b> - <i>Sex differences in diet and cardio-metabolic diseases in the Pacific Islands</i>	
<b>14.45 – 15.00</b>	<b>A/Prof Carol Wham</b> - <i>Prevalence of malnutrition and dysphagia in advanced age adults newly admitted to age-related residential care.</i>	<b>Garalynne Stiles</b> - <i>Dealing with eating disorders</i>
<b>15.00 – 15.15</b>	<b>A/ Prof Pam von Hurst</b> - <i>Risk factors for prediabetes in Auckland primary school children</i>	

<b>15.15 – 15.45</b>	Venue: Round Room	Afternoon refreshments and networking
<b>15.45 – 16.15</b>	Venue: Round Room	Closing remarks (Pamela von Hurst), awards and handover of Presidency (Assoc Prof Sheila Skeaff)

## ATTENDED POSTERS

(Note: All posters will be available to view during the conference, but authors will be present beside their posters at the following times)

Poster code	Thursday 10.30 – 11.00	Poster code	Friday 10.30 – 11.00
<b>A</b>	<b>Diana Anderson</b> - <i>An evaluation of weight loss challenges in the workplace</i>	<b>C</b>	<b>Wei Chen (presented by Elizabeth Reynolds)</b> - <i>Ginsenosides analysis for New Zealand wild grown Panax ginseng</i>
<b>B</b>	<b>Kelsey Bayes-Moke (presented by Maria Chouki)</b> - <i>The use of complementary and alternative healthcare for minor illness.</i>	<b>F</b>	<b>Ruby Garbutt</b> - <i>Dietary intake of New Zealand strength athletes</i>
<b>D</b>	<i>Withdrawn</i>	<b>H</b>	<b>Amy Judd</b> - <i>Determining the validity and reproducibility of a feeding assessment tool to assess nutrient intake in New Zealand infants aged 9 to 12 months</i>
<b>E</b>	<i>Withdrawn</i>	<b>J</b>	<b>Rosario Monzales (presented by A/Prof Pamela von Hurst)</b> - <i>A retrospective and cross-sectional study to evaluate the effect of dietary acculturation on the dietary calcium intake amongst Filipino women recently immigrated to New Zealand and predictors of bone mineral density</i>
<b>G</b>	<b>Bolaji Ilesanmi-Oyelere</b> - <i>Cytokine production, ferritin levels and bone mineral density in healthy postmenopausal women</i>	<b>K</b>	<b>Prof David Norton (presented by Fiona Greig)</b> - <i>The New Zealand beef and sheep sector's contribution to biodiversity and carbon sequestration</i>
<b>I</b>	<b>Janice Lim</b> - <i>A dose-response study to assess the effects of New Zealand pine bark extract on glycaemic responses in healthy participants</i>	<b>L</b>	<b>Farha Ramzan</b> - <i>Metabolic disease risk alters circulating peripheral blood mononuclear cell microRNAs in response to a high glycemic meal</i>
<b>M</b>	<b>Nikki Renall</b> - <i>Dietary intake of New Zealand European and Pacific Woman from the PROMISE Study</i>	<b>Q</b>	<b>Aahana Shrestha</b> - <i>Evaluation of milk and lactose sensitivity in lactase non-persistence genotypes</i>
<b>N</b>	<b>Vicky Rowe (presented by Maria Chouki)</b> - <i>Fundraising in New Zealand schools</i>	<b>S</b>	<b>Cate Sisson</b> - <i>The accessibility and understanding of nutrition advice in first time mothers</i>
<b>P</b>	<b>Pankaja Sharma</b> - <i>Impact of dairy intolerance on acute B-vitamin response post milk ingestion</i>	<b>T</b>	<b>Emma Smirk</b> - <i>Sugar sweetened beverage consumption in Auckland primary school children</i>
<b>R</b>	<b>Parkpoom Siriarchavatana</b> - <i>Protective effects of green shelled mussels in osteoarthritis</i>	<b>U</b>	<b>Fredrik Söderlund</b> - <i>Alignment between the New Zealand Health Star Rating system and the Chilean Warning Label</i>

			<i>system</i>
<b>V</b>	<b>Zane Stankuna</b> - <i>Micronutrient intake of vegans living in Christchurch, New Zealand</i>	<b>W</b>	<b>Abby Taylor</b> - <i>Parents' perceptions of packed lunches in New Zealand primary schools</i>
<b>Y</b>	<b>Alicia Clark (presented by Maria Chouki)</b> - <i>Health text messaging intervention to increase fruit and vegetable intake</i>	<b>X</b>	<b>Mary Yan</b> - <i>Potential markets for snacks: a role for New Zealand snack products</i>

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