**Name/Dates (3 year period of continuing competency)**

Flowchart for completing a **Continuing Competency Record** sheet

Accompanying NSNZ document ‘Guidelines for Continuing Competency’

**Your Field(s) of expertise**

🡪 Scientific Research (Academic or Industry), Practice, Public Health, Nutrition Communication, Education, or Food Industry, Food-service

 (determined by Registration Panel on registration).

**Part 1. Recording Continuing Competency activities**

🡪 During the three years up to your next application to the Nutrition Registration panel, keep a record of those activities that demonstrate your knowledge and understanding (for Associate Registration) and demonstrate your knowledge, understanding and practical application (for Registered Nutritionists).

Activities: 1. Improving knowledge; 2. Teaching, presentations, publications; 3. Work-related/report writing/community service; 4. Contact with Nutritionists

How: Fill in date, activity and description using the [Continuing Competency Example Record Sheet.](file:///C%3A%5CUsers%5CVictoriaS%5CDesktop%5Ccc%5CContinuing%20Competency%20Example%20Record%20Sheet%202020%20%281%29.docx)

Continuous additions over 3 year period

**Part 2. Linking activities to core competencies**

🡪 It is expected the recorded activities under Part 1 extends to all five core competencies in some way, even though the nature of work or study of a Registered Nutritionist will likely see certain core competencies dominate in practice.

Core competencies: 1. Science; 2. Food Systems; 3. Social/Behaviour; 4. Health/Wellbeing; 5. Professional Conduct.

How: Select activities listed under Part 1 and describe *how* they link to *which* core competency so there is at least one activity example for each core competency. For help and examples, use the form [Detailed Core Competencies for each field of expertise.](Detailed%20Core%20Competencies%20for%20each%20field%20of%20expertise%202020%20%281%29.docx)

Not every activity you recorded needs to be linked to a core competency, as long as all five core competencies are linked to at least one activity to show the breadth of your continuing competency. One activity can be linked to several core competencies, and even across two field of expertise. Registered Nutritionists registered in more than one field of expertise need to link activities and core competencies for each field of expertise.

More detailed examples can be found in: [Guidelines for Continuing Competency](Guidelines%20for%20Continuing%20Competency%202020%20%281%29.docx) and [Detailed Core Competencies for each field of expertise](Detailed%20Core%20Competencies%20for%20each%20field%20of%20expertise%202020%20%281%29.docx).

🡪 **What to do next:** On the 3rd anniversary of registration, submit your completed application form to the Nutrition Registration Panel with information on: 1. qualifications and employment during the previous three years, 2. details of continuing competency, 3. the names of referees.

Links: [Re-registration application form](http://assets.nutritionsociety.ac.nz/Downloads/Re-registration-application-form.docx); [NSNZ website](http://www.nutritionsociety.ac.nz/registration)

At the end of the 3 year period

**Activities**

 Improving knowledge

Teaching, presentations, publications

Work-related/report writing/community service

Contact with Nutritionists

**Example:** **Field of Expertise** Practice